



Hampshire County Parks & Recreation Project WALK TO BE FIT

Date	Steps Taken	Conversion	Miles Walked
		/ 2,000	
		/ 2,000	
		/ 2,000	
		/ 2,000	
		/ 2,000	
		/ 2,000	
		/ 2,000	
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		/ 2,000	
		/ 2,000	
		/ 2,000	
		/ 2,000	
		/ 2,000	

To be eligible for mileage goals, return your completed form to HC Parks & Rec, the Wellness Center, or any FNB Bank location monthly.